



Feeling unwell?



Care at home

have a first aid kit and stocked medicine cabinet



Pharmacist

provides advice on medication, coughs, colds, bites and stings

111

Call 111 or go online at 111.nhs.uk when urgent but not life threatening



NHS



GP practice

Book or cancel
appointments
online or order
repeat prescriptions
www.patientaccess.com

Same day urgent care

for minor illness
or injury when
your GP is
unavailable



999

Emergency department or call 999

for very serious
situations.
If you are unsure,
call NHS 111
or 111.nhs.net

#NHSknowWhereToGo

